



Prenatal check-ups

When? (week of pregnancy)	Recommended prenatal tests*	Possible additional tests **
	<u>Every 4 weeks until week 32, then every 2 weeks</u> Regular check-ups, including: • Blood pressure measurement • Weight measurement • Urine test for sugar, protein and possibly bacteria (if you have a urinary tract infection) • Blood test to measure hemoglobin levels • Check of the position of the womb • Check of the child's heart sounds • Check on the child's position	If needed: tests for infections such as toxoplasmosis, cytomegalovirus, streptococcus bacteria
	In addition:	
... 5 6 7 8	<u>After 5 weeks</u> First check-up: • Conversation about any diseases you have, previous pregnancies, your family and job, etc. • Gynecological examination • Urine test for chlamydia • Advice on diet and dental health As early as possible: • Test for syphilis and hepatitis B • Test for HIV (optional) • Determination of your blood group and Rh factor • First antibody screening • Test for rubella antibodies, if needed	
9 10 11 12	<u>After 9 weeks</u> Second check-up <u>9 to 12 weeks</u> First basic ultrasound <u>After 12 weeks</u> For women who are Rh negative: determination of the child's Rh factor	Prenatal diagnostics: <u>After 10 weeks</u> Non-invasive prenatal test (NIPT) <u>After 12 weeks</u> Taking a tissue sample from the placenta (chorionic villus sampling)

* All of the following check-ups, consultations and vaccinations are voluntary. The costs are covered by statutory health insurers in Germany. Please note that the types of tests offered and coverage may differ in other countries.

** These tests are not part of regular prenatal testing. These tests are only covered by statutory health insurers in certain cases – for example if other tests have had abnormal results, if your doctor thinks that you might have an infection or if complications occur.



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When? (week of pregnancy)	Recommended prenatal tests*	Possible additional tests **
13 14 15 16	<u>After 13 weeks</u> • Third check-up • Flu vaccination	Prenatal diagnostics: <u>After 16 weeks</u> Amniotic fluid test (Amniocentesis)
17 18 19 20	<u>After 17 weeks</u> Fourth check-up	
21 22 23 24	<u>After 21 weeks</u> Fifth check-up <u>19 – 22 weeks</u> Second basic ultrasound (either regular or expanded)	Only if medically necessary: <u>After 20 weeks</u> Doppler ultrasound / Organ ultrasound
25 26 27 28	<u>After 25 weeks</u> Sixth check-up <u>24 – 28 weeks</u> • Second antibody screening • Test for gestational diabetes	
29 30 31 32	<u>After 29 weeks</u> Seventh check-up <u>After 28 weeks</u> Whooping cough vaccination <u>28 – 30 weeks</u> For women who are Rh negative: anti-D immunoglobulin injection <u>29 – 32 weeks</u> Third basic ultrasound scan	
33 34 ...	<u>After 32 weeks</u> Every two weeks: further check-ups	

